



# CERTIFIED INTUITIVE EATING COUNSELOR

Evelyn Tribole, MS, RD, CEDRD-S and Elyse Resch, MS, RD, CEDRD-S, FAND co-authors  
of INTUITIVE EATING certify that

**Rachel Neifeld**

has completed the hours and coursework required for Intuitive Eating Counselor  
certification, via the following activities:

COURSES:

- Intuitive Eating Teleseminar- 7.5 hrs Activity Code 171 Live Webinar/Teleseminar
- Intuitive Eating Group Supervision- 4.5 hrs Activity Code 170 Live Lecture
- Passed Intuitive Eating Workbook Quiz
- Passed Helm Intuitive Eating Certification Exam

Evelyn Tribole, MS, RDN, CEDRD-S

Elyse Resch, MS, RDN, CEDRD-S, FAND

February 22, 2021

Date